



CEU EXAM

Twelve-Step Recovery: An Overview

After viewing the video, please e-mail (recovery@liferecoverycenter.net), fax (317.887.6894) or mail a copy of this completed exam to: **Life Recovery Center, Attn: CEU Exam, 8150 Madison Avenue, Indianapolis, IN 46227.** Upon receiving your exam (with a passing score of at least 7/10), we will send out your CEU Certificate.

Name: _____ Date: _____

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1. The twelve step philosophy calls for complete and total abstinence from _____

2. What did Dr. Davis say are the "big six" elements of recovery? _____

3. What is a Sponsor? _____

4. What does H.O.W. stand for? _____

5. According to twelve-step philosophy, addiction is a _____

6. Step one of the twelve steps says "We admitted we were _____ over alcohol,
and that our lives have become unmanageable.

7. According to Dr. Davis, addiction is the thinking and behaviors that _____

8. The monster was a metaphor for what? _____

9. What are the five relapse warning signs? _____

10. Twelve-step meetings are beneficial because they _____

In signing, I affirm I viewed the entire 60-minute video that accompanies this exam.

Signature

Date